There are dozens of quality resources for teaching biking and walking safety to children, from simple quizzes and videos to guide books with a check list of teaching points, complete lesson plans, and even on-bike education. Under HB 4799, schools will have the flexibility to choose their own approach.

### PEDESTRIAN SAFETY PROGRAMS

<table>
<thead>
<tr>
<th>PROGRAM TITLE</th>
<th>AUTHOR</th>
<th>AGE RANGE</th>
<th>DESCRIPTION</th>
<th>WEB LINK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pedestrian Safer Journey</td>
<td>Federal Highway Administration</td>
<td>Ages 5 through 18</td>
<td>The Pedestrian Safer Journey website includes age-appropriate videos with follow-up quizzes and discussion guides on safe walking. The material is divided into three age ranges: 5 to 9, 10 to 14, and 15 to 18. The website also includes a list of additional resources and curricula from around the country for teachers and parents/caregivers.</td>
<td><a href="http://www.pedbikeinfo.org/pedsaferjourney/index.html">http://www.pedbikeinfo.org/pedsaferjourney/index.html</a></td>
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<tr>
<td>WalkSafe®</td>
<td>University of Miami KidZ Neuroscience Center</td>
<td>Grades Kindergarten through 5th</td>
<td>The University of Miami WalkSafe® evidenced-based pedestrian safety program is organized into three levels for grades K-1, 2-3, and 4-5, and includes lessons using videos, outside simulation activities, and art projects. Supplemental materials include handouts, flashcards, and pre- and post-assessment tests.</td>
<td><a href="http://kidzneurosciencecenter.com/walksafe/">http://kidzneurosciencecenter.com/walksafe/</a></td>
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<tr>
<td>BICYCLE SAFETY PROGRAMS</td>
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<tr>
<td><strong>Bicycle Safer Journey</strong></td>
<td>Federal Highway Administration</td>
<td>Ages 5 through 18</td>
<td>The Bicycled Safer Journey website includes age-appropriate videos with follow-up quizzes and discussion guides on safe bicycling. The material is divided into three age ranges: 5 to 9, 10 to 14, and 15 to 18. The website also includes a list of additional resources and curricula from around the country for teachers and parents/caregivers.</td>
<td><a href="http://www.pedbikeinfo.org/bicyclesaferjourney/index.html">http://www.pedbikeinfo.org/bicyclesaferjourney/index.html</a></td>
</tr>
<tr>
<td><strong>Bikeology</strong></td>
<td>Shape America and the National Highway Traffic Safety Administration</td>
<td>Middle and High School</td>
<td>Bikeology is an easy-to-use bicycle safety curriculum for grades 6 to 12. This curriculum aligns with the National Standards for K-12 Physical Education and includes lessons and assessments for skills and knowledge. The curriculum also includes a guide to share with parents to support bicycle safety, including assistance on selecting an appropriate bicycle and helmet for their child. Supplemental materials include a parent guide to reinforce the curriculum.</td>
<td><a href="https://www.shapeamerica.org//publications/resources/teachingtools/qualitype/upload/bikeology-curriculum-part1-v2.pdf">https://www.shapeamerica.org//publications/resources/teachingtools/qualitype/upload/bikeology-curriculum-part1-v2.pdf</a></td>
</tr>
<tr>
<td><strong>BikeSafe®</strong></td>
<td>University of Miami KiDZ Neuroscience Center</td>
<td>Grades 6th through 8th</td>
<td>The University of Miami BikeSafe® evidenced-based curriculum contains four off-bike lessons to teach bicycle safety skills to middle school-aged children through interactive simulations, modeling, and creative activities. Supplementary materials include student worksheets and parent tip sheets. An optional on-bike lesson plan is provided with instructions to organize a bike rodeo and/or bike to school day ride.</td>
<td><a href="http://kidznc.org/bikesafe">http://kidznc.org/bikesafe</a></td>
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<tr>
<td>Bike Safety Quiz</td>
<td>Ride Illinois</td>
<td>Grades 4&lt;sup&gt;th&lt;/sup&gt; and 5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>BikeSafetyQuiz.com is an online resource that teaches kids, adults, and motorists how to share the road safely. Interactive quizzes for each audience cover safety techniques and relevant state laws using images, short explanations for each answer choice, and extra chances to answer correctly. Teachers of older elementary school, high school, and driver education students assign the appropriate quiz as a one-period computer lab (or homework) assignment.</td>
<td><a href="http://www.bikesafetyquiz.com/">http://www.bikesafetyquiz.com/</a></td>
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<tr>
<td>Cycling Skills Clinic Guide</td>
<td>National Highway Traffic Safety Administration</td>
<td>Ages 10 and older</td>
<td>NHTSA’s Cycling Skills Clinic Guide provides a step-by-step approach to planning and initiating an on-bicycle safety skills event, including instructions and resources for setting up a skills-training course and conducting it to meet the needs of all the children participating.</td>
<td><a href="https://one.nhtsa.gov/Driving-Safety/Bicycles/CyclingSkillsClinic">https://one.nhtsa.gov/Driving-Safety/Bicycles/CyclingSkillsClinic</a></td>
</tr>
<tr>
<td>Kids on Wheels Training Manual</td>
<td>Active Transportation Alliance</td>
<td>Grades 2&lt;sup&gt;nd&lt;/sup&gt; through 4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>The Kids on Wheels program is an experiential, on-bike curriculum to teach 2&lt;sup&gt;nd&lt;/sup&gt; to 4&lt;sup&gt;th&lt;/sup&gt; grade students to travel safely on a bicycle. Over three lessons, students are engaged in demonstrations, hands-on exercises, and on-bicycle riding skills activities.</td>
<td><a href="http://www.activetrans.org/resources/education">http://www.activetrans.org/resources/education</a></td>
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**COMBINED PEDESTRIAN AND BICYCLE SAFETY PROGRAMS**

| Bicycles and Pedestrian Safety: 10-minute Lessons for PE Class | Active Transportation Alliance | Grades Kindergarten through 5<sup>th</sup> | A series of brief pedestrian- and bicycle-themed lessons consisting of one 10- to 15-minute physical activity. Lessons are for both early elementary and late elementary ages. | http://www.activetrans.org/resources/education |
| Bicycles and Pedestrian Safety: 9 Lessons for the Classroom | Active Transportation Alliance | Grades Kindergarten through 5<sup>th</sup> | A series of brief pedestrian- and bicycle-themed lessons designed to be delivered in a classroom setting. Lessons are for both early elementary and late elementary ages. | http://www.activetrans.org/resources/education |